

Why Weight? A Guide To Ending Compulsive Eating

By Geneen Roth



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Geneen Roth is a writer and a teacher who has gained international prominence through her work in the field of eating disorders. She is the founder of the Breaking

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Geneen Roth has a deceptively simple idea to offer her readers. She's not advocating some ridiculous fad or some new diet plan. Instead, Geneen's idea is that through

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