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Sherry brouman (author of walk yourself well) -

Sherry Brouman is the author of Walk Yourself Well (3.64 avg rating, 22 ratings, 4 reviews, published 1998) and Using Yoga Therapeutically Sherry Brouman

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Jul 20, 2013 Sherry Brouman, author of "Walk Yourself Well: Eliminate Back Pain, Neck, Shoulder, Knee, Hip and Other Structural Pain Forever-Without Surgery" conducted

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