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Karen E. Barkie is a diet coordinator for the Poughkeepsie chapter of Sweet and Sugar Free. Karen E. Barkie. Karen Barkie has created over 200 imaginative and

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An All Natural Fruit-Sweetened Dessert Cookbook by Karen E. Barkie. Fancy, Sweet and Sugarfree

Karen e barkie (author of sweet and sugarfree)

Karen E Barkie is the author of Sweet and Sugarfree (3.00 avg rating, 1 rating, 0 reviews, published 1982) and Fancy, sweet & sugarfree (0.0 avg rating,

References | diabetic baking and desserts

For those who prefer unprocessed sugar, there is a good cookbook entitled, Sweet and Sugarfree, by Karen E. Barkie. I m not sure if it s still in print, but

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