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Fredrike Bannink is an international trainer, keynote speaker and the author of many books, first three volumes of a new book series: 101 Solution-Focused Questions for Help with .. The three volumes are: Anxiety, Depression and Trauma.

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Fredrike Bannink, MDR, is a clinical psychologist trained in solution-focused coaching and solution-focused mediation. She is the author of many publications on

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Sep 14, 2014 The Effectiveness of Group Training of Solution-focused Approach in He also considers family as a center of help and A question that rises at this juncture is that why some couples come to a mutual being depressed and they want to be happy and lead a happy life . In another study, Frederick [14].

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